



# Here's how you are making a difference

# You help IHC keep Rural Families Together

Daniel Keen was born at around the same time as IHC's Calf and Rural Scheme began 40 years ago. IHC have been supporting Daniel and his family since he was about 2 years old.

Although Daniel was diagnosed as having an intellectual disability when very young, this wasn't identified as Angelman syndrome until he was 16-years old. From the age of two he attended an IHC run Child Development Unit, later attending the local mainstream primary and secondary schools.

Living just outside of Ashburton, Daniel's parents grew crops and raised sheep and a few calves on their 140ha farm. As pillars of their community Barry and Rose, Daniel's parents, were very involved with the Ashburton Branch of IHC. Keen supporters of the Calf & Rural Scheme, Barry was a canvasser for the scheme for many years.

Barry was also a volunteer fireman at the Willowby Rural Fire Unit in Ashburton. Sadly, he died fighting a scrub fire in 2009, leaving Rose as the sole carer for Daniel, their only child. Rose leased out the farm but continues to live in her home there.

For some years, Daniel would go and stay with IHC for a couple of nights a week to give his parents a break. But a couple of years after Barry died the government funding changed and that break was no longer available.

"An IHC staff member suggested Daniel could move fulltime into one of their homes. It was tough looking after him by myself. If I wanted to go out and do things I often couldn't as I had no one to look after him. I was also conscious of the fact that if something happened to me, what would happen to him?

So eventually I agreed on the understanding that if he didn't like it or wasn't happy, he could come home," Rose said.

"Well, he showed me! He has never looked back. He is always pleased to see me when I pick him up but he's also pleased to see the back of me when I take him back.

He is very well cared for and happy. He's always had the most amazing staff, they really do care about him. And I think he likes that they change throughout the day."

Rose says Daniel has grown as a person and can do more for himself since he moved into the IHC home. "It has been absolutely great. He tries to be more independent and do more for himself like trying to feed himself and dress himself. When he comes to stay with me, if I'm not quick enough getting dinner he will get a pile of cutlery out of the drawer and put it on the bench. He is also better when we are out, he isn't trying to grab at things or people. He has definitely improved a lot since living in the home.



Daniel misses his Dad who was a volunteer rural firefighter



Daniel loves machinery and going to the Ashburton A&P Show

One of the things Rose is most grateful for is that he hasn't had to move away to a big town or city, IHC has 10 homes with around 30 people living in them around Ashburton.

"Daniel is living only 10 minutes drive away from me. I'm so pleased he is still local."

Rose spoke to Cam from Federated Farmers recently about Daniel, IHC

and the Calf & Rural Scheme. To listen to this 'FedTalk' podcast scan the QR code.



"In rural communities everyone knows everyone and who is associated with them. Locally a lot of people know Daniel, me, and who his father was. This wouldn't happen if he was living elsewhere."

Rose is grateful for the support of rural New Zealanders who donate to the Calf & Rural Scheme.

"It has given me freedom and peace of mind. Daniel is happy, what more do you want for your kids than being happy and healthy?"

# You help families in crisis

Tina is a devoted mum who just wants the best for 18-year-old son Dylan, but some days things can be really, really hard.

Dylan has an intellectual disability, autism, Tourette's and a sensory processing disorder.

You can hear it in her voice when she speaks about him how much Tina loves Dylan. "He loves animals. He has his cat Harry and a pet chicken. He is great at building Lego, and he is funny, so funny, and he doesn't even realise it. I love him to bits but it's like having a full-on toddler, I have to do everything for him, toileting, feeding, clothing, cut up food. You just give to your children, it doesn't matter how hard it can be you just do everything for them."

Tina was at her wits end when she phoned IHC for help.

"I didn't know what to do. There were no services, no one could help us. We were either too complex or they would just pass us on to someone else. There was always something that meant we didn't get the help we so desperately needed. I remember ringing up IHC thinking there must be someone that can help me."

For single mum Tina, like many parents in her position, the straw that broke the camel's back wasn't something big. She had really bad toothache and she couldn't go to the dentist as she didn't have anyone to look after Dylan while she was there. She would usually be able to sit him in a corner, faced away from her and the dentist, watching a show on his portable DVD player, but it had broken and she couldn't afford to replace it.



Tina is a devoted mum to 18 year old Dylan

"Without the DVD player I couldn't distract Dylan while at my appointment. He would get anxious and afraid, worrying what was happening to me," Tina said.

When Tina called IHC she spoke to Sheridan, one of the Family Whānau Liaisons. Sheridan understood how important something like the portable DVD player was to Tina and Dylan and arranged funding to buy a new one.

"It was a such a relief to have it replaced, I was able to go to the dentist and get my tooth fixed," Tina said. She was also able to attend other hospital appointments she needed to go to.

Recently Tina called Sheridan again.

"Dylan has just finished school. He was meant to be there for another three

years, but school felt he was ready for the next step in his life." Tina says she is grateful to IHC for helping her look into options for Dylan now he isn't going to school. "I just thought, is he just going to be at home every day watching DVDs and playing with Lego? What am I going to do with this beautiful boy? I didn't put all this hard work into him for him just to sit at home."

Sheridan is now working with Tina to find options for Dylan. Both to help find a programme where he can continue to learn new things, and also to match him up with a friend through IHC's Volunteer Friendship Programme. This programme, also funded by Calf & Rural Scheme donors, will enable him to get out and about in the community, doing the things he loves, with a friend of his own.

Dylan loves building with Lego

# **Market Report**

Jamie Cunninghame, PGG Wrightson Livestock

With Spring upon us finally given the very challenging winter we have had, it's starting to have a positive impact on feed conditions around the country. It's pleasing to see that most stock classes are in strong demand. We have seen beef cattle and sheep in hot demand in the marketplace. The strong meat schedules have a positive impact on the store prices and with dairy stock in short supply we are seeing great results for those that are presenting surplus stock to the marketplace.

The Dairy beef market will be upon us before we know it and with the number's reared back on previous years let's hope we see a positive upswing this spring when we start to market this year's dairy beef.

# You helped Courtney get his dream job!



Courtney feels part of the team

"This is like a dream," says Courtney describing his new job.

Courtney, aged 40, started working at the local swimming pool in January after a six-week intern programme. The internship helped familiarise him with both the job and the work environment. During this time he was supported by a mentor funded by IHC and a member of the pool staff. As Courtney hadn't had a job before they helped him develop the social skills needed for the role.

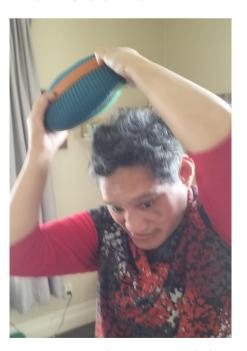
Courtney is happy as he feels part of the team. "I've got a top and I've got a badge," he says.

Thank you for helping make Courtney's dream come true.

# **Encouraging movement with music**

IHC are always looking for new ways to entertain people we support. We also know how well people respond to music – singing, dancing or just listening. This is why, thanks to the kind support of Calf & Rural Scheme donors a number of our homes now have new interactive devices, the immuDANCE and immuRELAX.

Both of these devices play music in response to movement. The music gets faster as the movement increases, or slower as movement decreases. The immuDANCE is a hand held device allowing the user to dance while listening to the music. For people with less mobility, the immuRELAX is a rocking chair that allows the user to control the music.





Moya enjoys using the immuDANCE which encourages her to move in time to the music

# Come and see us at Fieldays

We're at the National Fieldays at Mystery Creek 30 November – 3 December in the Pavilion Foyer (site PA1B). Please drop in, we'd love to thank you for your support of the Calf & Rural Scheme

# You are helping Ana and Joan set up a micro enterprise

Ana and Joan love to sew and do other crafts. They started sewing when a support worker at their home brought in her sewing machine for them to use.



Ana (left) and Joan (right) proudly show off placemats they have been making

The ladies would also like to make things to sell to give them a bit of an income. So, thanks to kind donors like you, they now have their very own sewing machine and other things they need to make items to sell. Ana and Joan have been choosing material to make things like placemats and cushion covers.



Ana and Joan are grateful for their new sewing machine, thank you!

#### Put your best calf forward and be in to win!

We are pleased to announce our Top Pen competition is back again this year. The top 10% of calves sold for the Calf & Rural Scheme at each sale will automatically be entered into the Top Pen prize draw. Thanks to PGG Wrightson, you could win one of 10 \$100 PGG Wrightson Rural Supplies Store vouchers. You'll also go in the draw to win a mystery weekend away.

#### Congratulations to last season's winners:

Vaughan & Jenny Williamson, Ivan & Sue Knauf, John & Elaine Sanderson, Scott McKay & Shelly Pomeroy, John & Olivia Williams, Teau & Tamara Fletcher, Rodney & Kelly Herrick, Paul & Joanne Barton, Todd Imeson & David Bryant

# Photo Competition Enter before Wednesday 2 November



We love seeing the photos of the calves you raise for the Calf & Rural scheme and other images of life in rural New Zealand. Enter your photos and be in to win!

There are three categories in the Calf & Rural Scheme Photo Competition this year

- IHC Calf (show us your ear tag)
   prize \$150 Prezzy Card
- Farm Animals prize \$100 Prezzy Card
- Landscapes prize \$100 Prezzy Card

Enter online at ihc.org.nz/photocomp2022 or scan the QR Code





# Give the gift of a meaningful life

For 70 years, with support from caring New Zealanders like you, IHC has been helping people with intellectual disabilities live rich and meaningful lives.

Through a gift in your Will, you will carry on IHC's long tradition of care for people with intellectual disabilities.

If you would like to continue to bring purpose, joy and choice to the lives of people with disabilities, please consider a gift to IHC in your Will.

To find out more, please contact Lisa Marshall on 0800 746 444 or email Lisa@ihc.org.nz

#### **Recommended Sale Dates**

PGG Wrightson Livestock recommend you send your calves to one of the following sales. These are not IHC specific dates as were held in the past. Livestock sold at these sales will be eligible for the Top Pen competition. If you have a calf to send off to sale - please get in touch with your local rep below and they should be able to advise when it is best to send them.

#### Brightwater

Wednesday 30 November Craig Taylor (Brightwater)

- 027 435 7437

Chaz Woodhouse (Blenheim)

- 027 560 4584

## Canterbury Park Tuesday 29 November

Stu Walsh - 027 434 4093

#### Charlton

Friday 2 December John Rawecliffe

- 027 245 2258

#### Dannevirke

Tuesday 8 November Tuesday 15 November Cam Smith - 027 446 9963

#### Frankton

Monday 7 November Thursday 10 November Neil Lyons - 027 223 5784

#### Feilding

Thursday 17 November Thursday 1 December Paul Jefferies - 027 591 8632

#### Golden Bay

Thursday 24 November Craig Taylor - 027 435 7437

#### Kaikohe

Tuesday 30 November Vaughn Vujcich - 027 496 8706

### Lorneville

Friday 2 December Andy Yule

- 027 436 7962

#### Daaraa

Monday 17 October Rhys Mellow

- 027 664 5143

#### Rangiuru

Wednesday 2 November Wednesday 16 November Simon Rouse

- 027 492 4805

#### Ross

Wednesday 25 January 2023 Robbie Lash

- 027 438 4802

#### Stratford (Taranaki)

Thursday 17 November Thursday 1 December Jeff See - 02 568 0813

#### Stortford Lodge

Wednesday 16 November Wednesday 30 November Jonty LeLievre - 027 209 7159

#### Temuka

Wednesday 7 December Thursday 8 December Barry Fox (Temuka)

- 027 439 3317

Victor Schikker (Ashburton) - 027 590 8061

Friday 11 November Brad Osborne - 027 208 1015

#### Waiareka

Monday 28 November Wayne Fisher-Hewitt

- 027 405 8248

#### Wellsford

Monday 28 November Grant Pallister - 027 590 2201 Steven Josephs - 027 420 5167

## Three easy steps to get your stock to sale

1

Tell your local sales agent you have IHC stock going to sale

2

Write "IHC Calf" (or other stock type) on the ASD form going with your stock 3

Arrange collection with your local transporter

# Pre-pledge draw winners

Congratulations to the winners of the pre-pledge draw.

**Mystery Weekend** – Daniel & Emily Woolsey **Skellerup Gumboots** – Glen & Una Shotter **Peach Teats prize** – Allen & Sharon Wardlaw

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Their support means your gift helps even more people in our rural communities.

Principal Sponsor

PGG Wrightson Livestock

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